

March 2020

Southwest School

340 Litchfield Street, Torrington, CT 06790

<http://torringtonsouthwest.ss16.sharpschool.com/>

T: 860-489-2311 Fax: (860) 489-2324

Parent Conference Dates and Times:

Dates	Torrington School & Vogel-Wetmore	Forbes School & Southwest School
Tuesday March 24	4:30 to 6:30 PM	5:30 to 7:30 PM
Wednesday March 25	5:30 to 7:30 PM	4:30 to 6:30 PM
Thursday March 26	2:00 to 4:00 PM	2:00 to 4:00 PM

More Upcoming Events:

- March 16 – PTO-C @ Torrington @ 6:00 PM
- March 17 – Air Museum Field Trip (Bruno/Mooney)
- March 18 – Air Museum Field Trip (Lebel/Yagid(Wood))
- March 18 – All City Concert
- March 19 – Student Council Meeting; 7:30 AM
- March 31 – Air Museum Field Trip (Hammer/Martin)
- April 1 – Air Museum Field Trip (Melaragno)
- April 2 – Sister Schools PTO Meeting @ 5:30 PM – SW
- April 3 – CT Educator's Honors Chorus Music Festival
- April 3 – Grade 5 Student/Parent Basketball Game @ Torrington @ 5:30 PM – join us for some fun! 😊
- April 7 – Grade 5 D.A.R.E. Graduation at TMS @ 6:00 PM
- April 10 – No School; Good Friday
- April 13 to 17 – Spring Break

SOUTHWEST SCHOOL



TORRINGTON PUBLIC SCHOOLS

Upcoming Events

March 2, 9, 16 – After School Karate Activity

March 4 – Sister Schools PTO Meeting @ 5:30 PM @ Southwest LMC

March 9 – Parents may begin to sign up for conferences on MyConferenceTime

March 9 – Public Hearing; Elementary Schools Budget; Vogel-Wetmore; 6:30 PM

March 13 - School Dance/Raffle sponsored by PTO @ 5:30 PM

March 19 – Early Dismissal Day – PLC Day

Care for Self, Care for Others



Principal's Message

Hello Southwest Dragon Families,

The relationship between families and schools is so important in the development of our children. It is evident that we all want what is best. Children, on the other hand, may not always agree with what we believe to be best to challenge them beyond their comfort zones. Think of that first time we encouraged them to try a new food, to learn to ride a bike, or to try a new activity like dance, or baseball or to play an instrument. Each time we encouraged them to push through. We reinforced the skill to persevere. With practice, they improved and gained confidence. As educators, we incorporate that same philosophy in academics. Learning new skills should be a challenge. As parents and teachers, we need to encourage them to not give up when things become difficult. Parents often ask teachers what they can do to reinforce skills taught at school. Try *Lexia Core 5* to help build the reading and vocabulary skills and *Zearn* to reinforce the math skills. Both programs are tailored to your child's level and needs. Your child knows how to access. And if not, please contact your child's teachers. Lack of access to a computer isn't a concern. These programs can also be accessed through the use of a cell phone. We all want to help build perseverance in our children to be successful in life. We can do this together.....and our children will be stronger because of our perseverance.

Mary Ann C. Buchanan, Ed. D., Principal

Recently our students were able to enjoy some Spring-like warmth during recess while challenging our D.A.R.E. officers to some basketball games.







Teacher Messages



**Mrs. Hammer; Mrs. Martin
Jade Team – Grade 4**

Mrs. Hammer's mathematicians have made incredible progress in their understanding of fractions and decimals. When we started this unit, there were moans, groans and complaints because many students felt it would be too hard. Now, their confidence has grown with their abilities and many students have changed their minds about working with decimals and fractions. In a couple weeks, we'll be moving to our next unit, where we'll work to deepen our understanding and broaden our skills in place value, addition and subtraction.

We recently began a new unit in science. The students will be learning about the transfer of energy and information. We will look at how the sense of sight and other sensory systems in living things work and explore how that compares and contrasts to how man-made devices take in information and interact with the world.

Mrs. Martin's students have been working so hard on their essays about the special people in their lives. We are pushing this week to publish their final drafts so that we can have a publishing party with another class. Students are looking forward to sharing all of their amazing pieces. This unit has been a great opportunity for students to carefully organize their thinking and strongly support their reasons with specific examples.

I have a feeling that both classes will be sorry to say goodbye to our biography book club unit. Students have been inspired and awed by famous people and their accomplishments. The book clubs worked cooperatively to have lively discussions about the reading. Overall, this unit was a success and it leads nicely into our next reading unit of historical fiction book clubs. This will be our first exposure to the genre of historical fiction. I have found that students are enthusiastic to learn about important eras in history, while simultaneously enjoying the rich character development of fiction reading.



**Mrs. Yagid; Mrs. Lebel
Shamrock Team – Grade 4**

From Mrs. Lebel:

Shamrock had a very busy February. We are just finishing up on our Biography Unit. Students did a wonderful job working with partners as they read books on some very interesting and inspiring people. In writing, our Opinion Essay Unit is also coming to a close. Students chose topics to write about and they are using their editing skills to create a final product. For Social Studies, students took the final assessment on the Region of the United States. The last thing they are doing for the unit is researching their favorite state. I gave all students some resources to start with. Thanks to all you parents who helped your child find more information for their posters. Students will present their findings (their masterpieces ☺) the second week of March.

From Mrs. Wood:

The Shamrock Team has been hard at work in math and science. Students have been strengthening their understanding of fractions by: comparing, finding equivalents, developing visual representations, converting fractions into decimals, as well as ordering them on a number line. This month we are working on ordering fractions with different denominators as well as finding common denominators of two or more fractions! In science students are learning about the senses of the human body. Students will learn how they work and how the brain processes this information. So far we have learned about the human eye and how each part works in helping us see.





Mrs. Melaragno; Mrs. Bruno; Mrs. Mooney Emerald Team – Grade 4

Grade 4/Emerald Team – Mrs. Melaragno

Math

We continue to further extend the fraction and decimal unit. Students use bar models and number lines to represent, compare, and order fractions with unlike denominators. After a careful review of equivalent fractions, students are challenged to compare pairs of fractions with unlike denominators that are not factors or multiples of each other, such as $\frac{4}{5}$ and $\frac{5}{6}$ or $\frac{3}{8}$ and $\frac{4}{12}$. Because some of these pairs are too close to compare visually with any accuracy, they start to find strategies that involve finding common denominators.

Science

The Changing Earth unit is fully finished, and we have begun a short study on aviation and the 4 forces of flight. Students will use their understanding to answer, "How Do Airplanes Fly?" To enrich the understanding, a trip to the New England Air Museum has been scheduled. Southwest students will attend an all-day workshop where they will participate in a series of hands-on demonstrations, guided explorations and focused investigations as they learn about forces and motion, aviation science, and aerospace history.

Progress Reports

Folders have gone home with student work samples showcasing your child's progress in the learning of the standards. If you have any questions or concerns, please feel free to contact me. If you would like to meet with me to discuss the progress in person, March conferences would be a great time. The district has set the dates of March 24-26.

Happy March Southwest Families!

We had a very busy February. My two humanities classes wrapped up our biography and essay units for reading and writing. Students enjoyed rotating through 3 to 4 famous individuals during book clubs. We had a publishing party to celebrate each other's personal essays. They were absolutely wonderful!

Our focus during the month of March shifts to Historical Fiction book clubs. This is one of my favorite units of study! Students will develop a deeper understanding of characters and the setting by learning about a specific time period. They will be able to understand the relationships between characters, historical events, and time period by using multiple

sources and will be able to question how historical fiction has an impact on today's world and future events.

Our writing unit will be a mix of journalism with the main focus on informational writing. Students will learn how to conduct research to collect reputable facts, in order to create an independent research project. This project will tie into our Historical Fiction reading unit. I am so excited for this month and am looking forward to all the great work ahead of us!

Mrs. Mooney 😊

Mrs. Bruno:

This month we are beginning some new units in the classroom. In Language Arts we will begin work on our fourth reading unit: historical fiction. We already have a head start on this unit as we have just finished our biography reading unit. Students have read about men and women that grew up around many significant historical events. As we dive into this unit we will also rely on our nonfiction reading strategies to help us understand how a character's perspective is shaped by the events happening around them.

In writing we will be shifting our writing from personal and opinion essays to informational writing. We will be learning how to conduct research on a variety of topics and turning that information into pieces of writing that can teach our readers something new.

In science we will start our Transfer of Energy unit. We will take a look at electric currents, light, and sound in this unit. Our class will be taking a close look at how the sense of sight and other sensory systems in living things work can help us learn how to design man-made devices that take in information and interact with the world.





Mrs. Wollschlager; Mrs. Palladino Violet Team – Grade 5

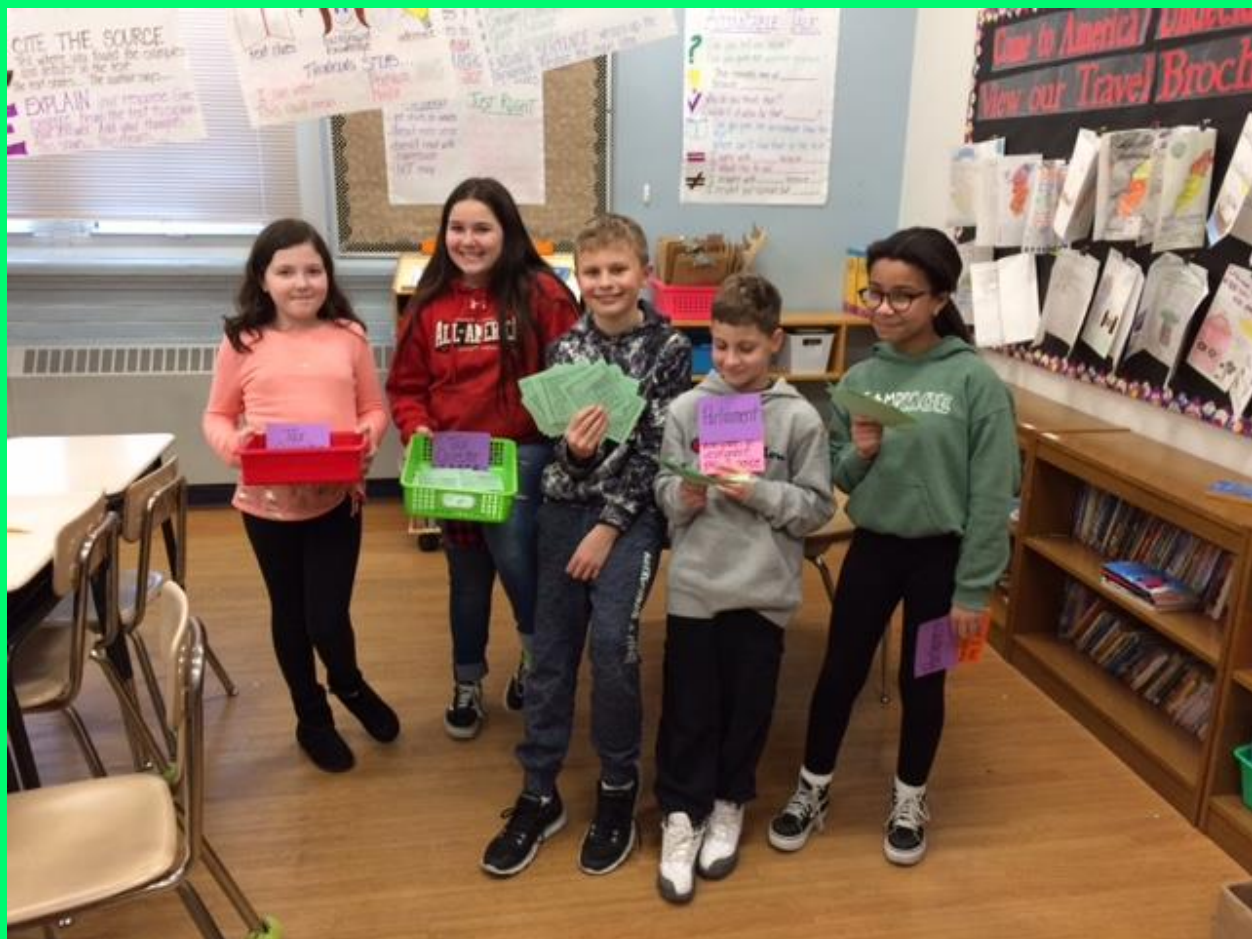
February was a very busy month in Mrs. Palladino's classroom. We are fully immersed in the D.A.R.E. program. We are enjoying our time with our instructors and learning about decision making strategies that will be useful when we move on to the middle school, and throughout our lives.

In Reading and Writing, we learned about argument and advocacy. We worked in groups to research and debate subjects such as plastic bags, bottled water, zoos, extreme sports, and treatment of sharks. We carefully examined both sides and then took a stance. There were many interesting perspectives!

Our new books donated by DonorsChoose.org came in handy for both our non-fiction unit and for building our reading stamina.

We invited Representative Maria Horn into our classroom for the Northwest Chamber of Commerce Read Aloud. We enjoyed hearing stories from the book, [The Girl Who Rode a Shark](#), about courageous women. Their stories were truly inspiring. Representative Horn shared her experiences about her job as a state representative. One student even lobbied Representative Horn about the treatment of sharks as she left our room. We look forward to visiting Representative Horn at the Capitol in April.

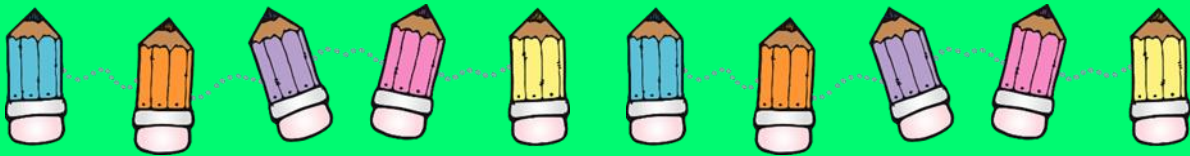
In Social Studies, we continue to learn about the American Revolution. We participated in an activity designed to teach students about taxes. The 'King' and 'Parliament' imposed taxes on the 'colonists,' which really angered them... 'Tax Collectors' weren't safe. Colonists who couldn't afford to pay taxes were exiled to the debtor's colony of Georgia. Students quickly learned the meaning of "No Taxation Without Representation."



Mrs. Wollschlager's Classes

In math we are working on multiplying and dividing whole numbers. Students reviewed the use of ratio tables, area models, and partial product multiplication. We are now practicing the standard multiplication algorithm. Although students recognize the connections between each of these strategies, it is sometimes difficult to remember all the steps involved in the standard algorithm. Fortunately, most adults learned to multiply using the standard algorithm, so students are finding a lot of help at home! Understanding different multiplication strategies is helpful to students and contributes to developing a strong sense of number along with confidence in their own problem-solving abilities.

In science, students are working toward an understanding of different factors that help animals survive. We have learned about abiotic or non-living factors such as water, soil, air, temperature, and sunlight. Students are looking at the ecosystem that is their backyard and thinking about the interactions between the living and nonliving things in that space. This will lead to an investigation about the process of photosynthesis. Students will develop a model to explain the role that plants play in our lives and why they are so important.



**Mr. McCotter; Mrs. Lage
Royal Purple Team – Grade 5**

The students have completed the Argument and Advocacy unit in Reading. They worked hard in their groups, researching debatable issues. After completing their research, they participated in debates, wrote argument essays, and created posters to advocate for their claims. The students have started the next unit, Fantasy Book Clubs. They are excited to be reading some amazing books in this genre!

We recently started our Unit on the Standard Algorithm for Multiplication. Students will use the strategies they previously learned to quickly understand the traditional/standard algorithm. I am sure that parents will be happy to see that they understand how their children are doing multiplication! However, many of the earlier strategies they learned like the Area Model will help them in Algebra when they learn the FOIL method for solving $(x+2)(x-3)$.

In Science, our students have started learning about what Ecosystems need to survive. Students will spend time learning about Abiotic (non-living) and Biotic (living) factors. They also learned how Energy is transferred, how it all starts with sunlight allowing plants to make their own energy during Photosynthesis. Each student will have the opportunity to study all of the Biomes and then pick the one that interests them the most to study in depth. Students will then decide on the format they would like to present their findings in, whether it is a PowerPoint, diorama, a rap, or any other of the endless creative ways they could share their learning.



Mr. Parkhouse, Miss Gorman & Mrs. Giampaolo

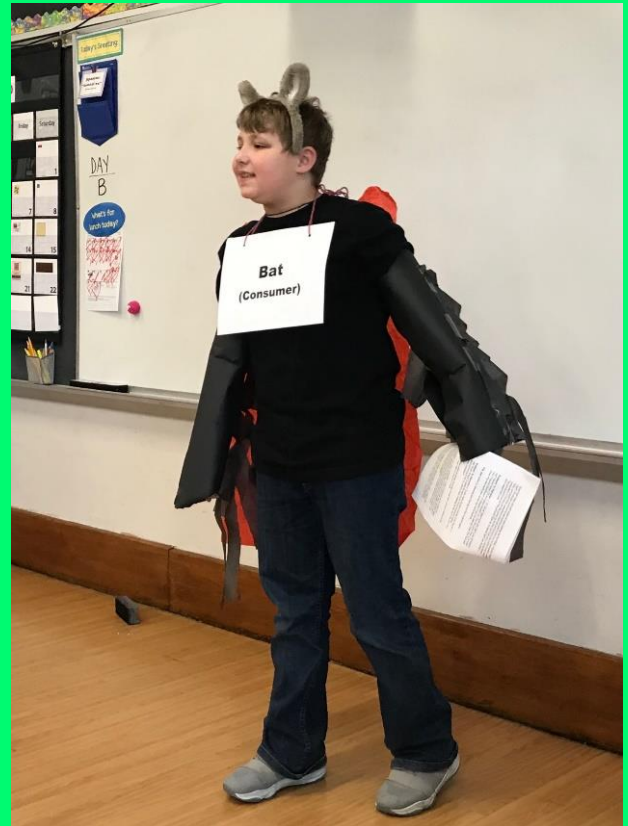
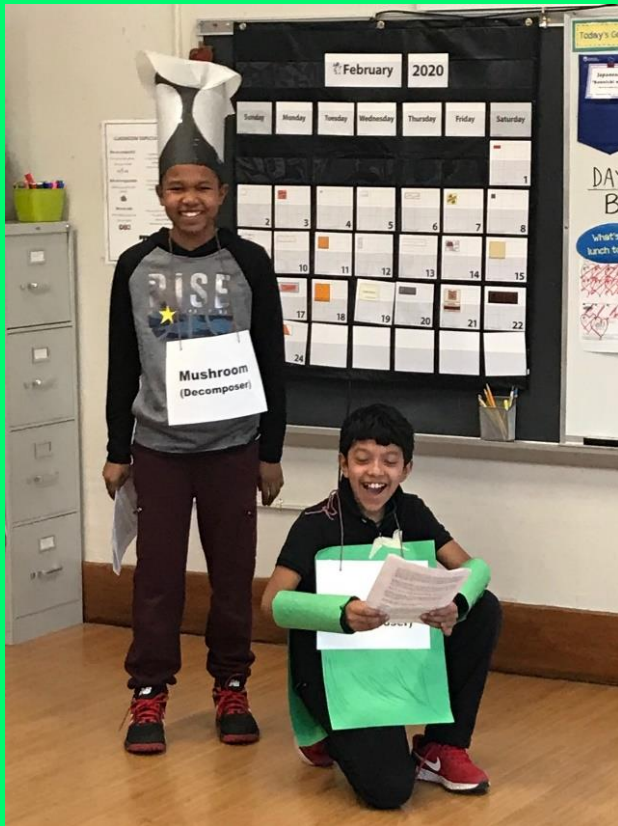
Amethyst Team – Grade 5

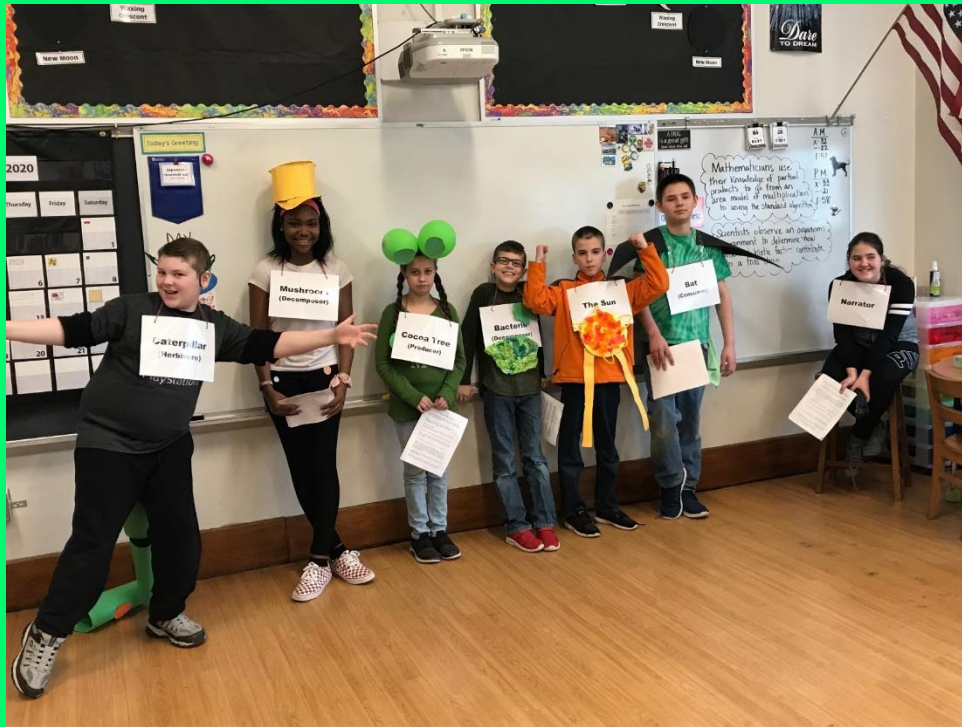
The students who see Miss Gorman for Humanities are just finishing up their research topics and beginning our fantasy book clubs. We are also working on memoirs and our DARE essays!

The students who see Miss Gorman for STEM are wrapping up our multiplication unit and practicing the standard algorithm. We are about to begin our next unit with multiplying and dividing fractions. In science we are still working on our ecosystem unit and starting our own ecosystem projects!

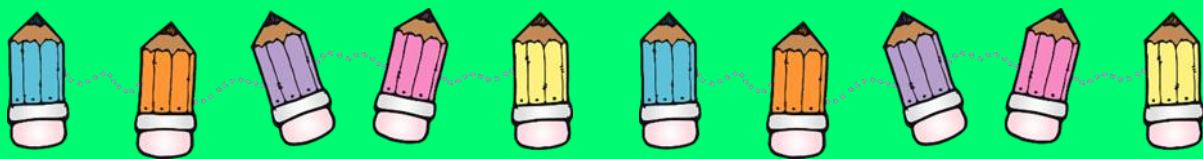
Students in Mrs. Giampaolo's science classes have been studying ecosystems, in particular the way food chains are impacted by the environment. One of our projects this month was to perform a reader's theater play adapted from "The Energy Pyramid and Nutrient Cycle Skit" by Lauri Dahlin. We had a LOT of fun creating our characters to depict producers, consumers, and even decomposers (ask us about *frass* – yuck!). We will continue to explore ecosystems and biomes in the month of March.

In math we have been taking steps to master the standard algorithm of multiplication. We collected many different strategies to solve two-digit by two-digit multiplication problems, leading up to the "quick and easy" way of the algorithm. Many of us discovered that it wasn't as quick and easy as we originally thought! Yet, we persevered and now have a deeper understanding of how the algorithm actually works.





The students who see Mr. Parkhouse have been busy. They finished working on a unit about opinion writing. The students researched many different topics and chose which topic they felt the most strongly about. The students learned how to choose a side and advocate their point of view based upon fact. In reading, students are happy to move into a unit on Fantasy. In history the students will be studying the beginnings of the Revolutionary War.



**Mrs. Vitali; Mrs. Nadolny; Mrs. Reynolds
RTI Team (Response to Intervention)**

Mrs. Reynolds, Mrs. Vitali and Mrs. Nadolny would love to share some wonderful educational programs that can be used at home!

Lexia Core5 is computer-based literacy program that helps students build skills in phonics, fluency, vocabulary and comprehension. Students can log in using their student ID numbers. If used for 90 minutes each week, it can really help boost students' reading progress.

Zearn is a math program that we can set to target a student's individual needs. It provides tutorials, guided and independent practice with various math concepts. Mrs. Vitali and Mrs. Nadolny use Zearn with their students, and some classroom teachers are beginning to use it as well!

If you would like to know more about either of these programs or need help getting your child started at home, please reach out to one of us.

Mrs. Nadolny (literacy and numeracy) mnadolny@torrington.org

Mrs. Vitali (numeracy) avitali@torrington.org

Mrs. Reynolds (literacy) sreynolds@torrington.org

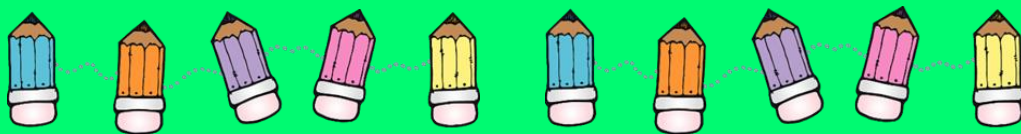


Updates from Mr. Mann & Miss Warchol



Miss Warchol and Mr. Mann's classes have been working hard and enjoying our whole group activities. We recently celebrated the 100th day of school! Our classes worked together in groups to count and sort 100 M&M's. After counting and sorting, we graphed our results using a bar graph. Our bar graphs are displayed on a beautiful bulletin board! For Valentine's Day we took on a huge task of making Valentines for all of the students at Southwest

School. We hung the valentines on each of the student's lockers. All of the students and teachers were so excited to see them!

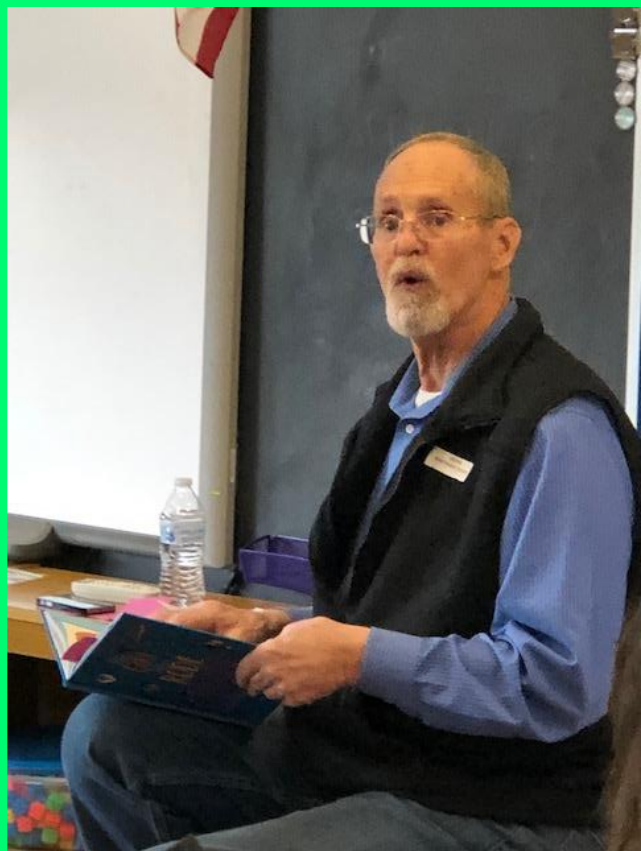
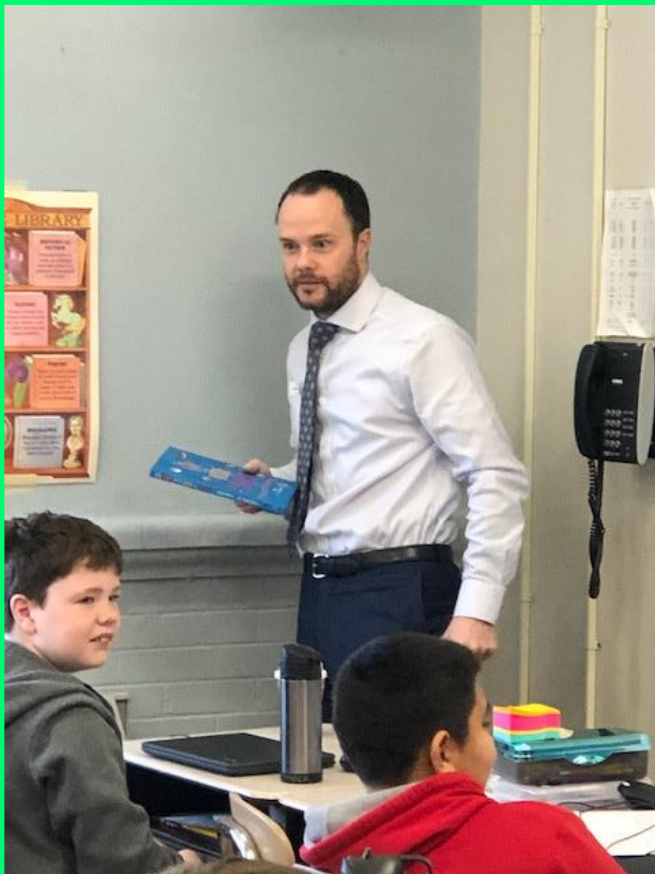
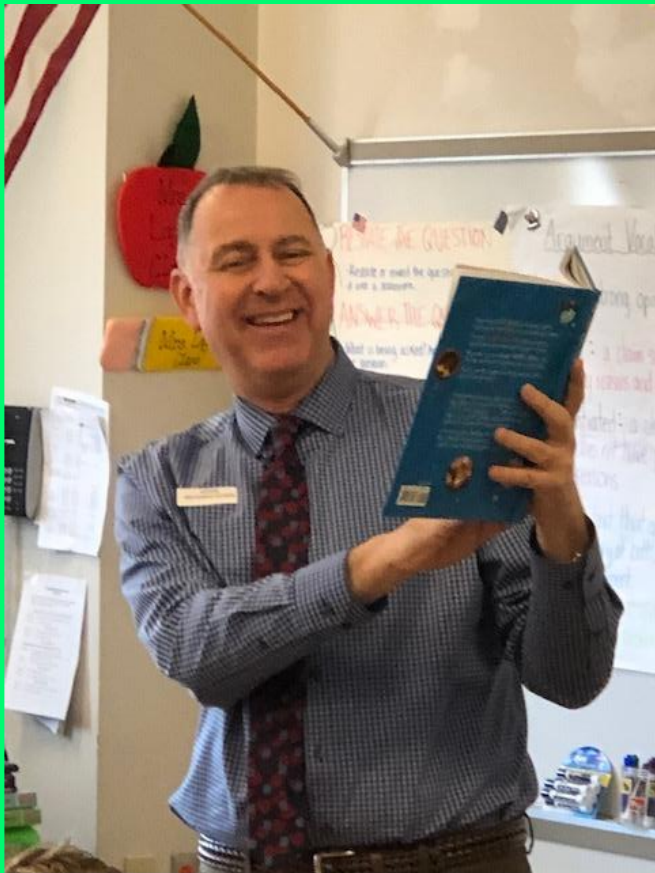


**Mrs. Merritt
Library Media
Specialist**

Thank you to all our community volunteers and staff members for making our 29th Annual Northwest Connecticut Read-Aloud Day such a success! On a chilly but beautiful morning, as

the sun streamed through the spacious windows, 14 volunteers met in our library media center to chat about the fabulous things happening at Southwest. They included state representatives, a former SW principal, parents and grandparents, and local business people. Students arrived bearing colorful signs with the readers' names to escort them to classrooms. One student was especially surprised to discover that his big sister was a reader! Given that she was nine months pregnant, we were grateful that she could make this an even brighter day for her brother. Many thanks to our extended Southwest family for being part of this special event, and to the Northwest Chamber and the Y Literacy Group for donating the read-aloud books to every classroom.







Southwest School



Physical Education Newsletter

MARCH/APRIL

LET THE MADNESS BEGIN!!!

March Madness is quickly approaching! This popular basketball tournament is played among the top 64 college teams across the

Wrapping up February as we
“roll” into March...



Bowling for Dollars \$\$\$

In early days of March, your students
will be finishing up our annual
bowling unit.

During these weeks, your child will
be participating in a variety of
bowling activities that include
“Bowling for Dollars” where they can
earn “Mahar Money” and “Buchanan
Bucks”. The more pins, they knock
down, the more play money they can

country to determine a national champion. The tournament unofficially begins on Thursday, March 19th and the national championship game will be played on Monday, April 6th. In honor of the popular basketball tournament, our kids will be taking part in a basketball unit that will focus on dribbling and shooting a basketball.

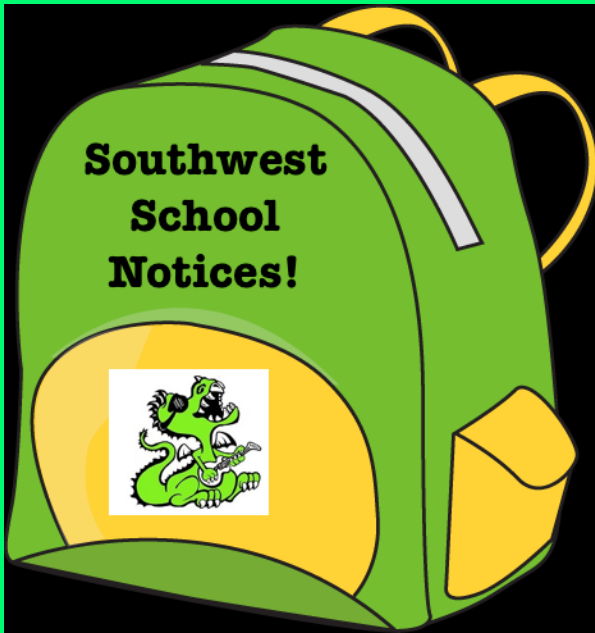
When the madness ends in early April, hopefully warmer weather will arrive. This means that there will be a lot more outdoor recess time for your kids to get outside, enjoy the warm weather and PLAY.

WHAT DOES P.E. IN APRIL LOOK LIKE?

Gymnastics and movement activities: Rolling, balancing, climbing (rock wall), rope climb & swing and vaulting. Your children may participate with their sneakers on or in their socks. No bare feet are allowed.

Indiana Jones: A follow-up activity to our gymnastics unit during which our kids complete a variety of obstacles in order to get past the temple guards and get to the hidden treasure. This activity is always a favorite!!





Please check your student's backpacks on a regular basis for any information being sent home.

School-related forms will also be posted on our school website under **BACKPACK NOTICES**. You will find this resource to be handy if your child states he or she misplaced a form. You will be able to access the form directly from our website. For cost efficiency of resources, we will continue to provide paper copies to students, yet parents will be able to access duplicate copies from the website if needed.

This year our school days are on a five-day rotation, Days A, B, C, D, E. This creative scheduling helps when we share staff members between schools. Your children were informed by their classroom teacher of the days they have their specials classes scheduled. You can find a copy of the calendar with the rotation dates on our school website. Please note that if there is a school cancellation, the rotation day will be dropped and we will follow the schedule posted on the calendar. For example, if we have one snow day which occurs on a Day B, when we return to school the next day, we will follow a Day C schedule. If snow days occur on the same rotation day throughout the year, we will review towards the end of the school year and make adjustments if necessary.



A safety reminder to parents who may be bringing their children to school after our 8:40 AM start time. Please escort your child into the school and sign in at our main office.



Attend Today, Achieve Tomorrow



#schooleveryday



Asista Hoy, Tenga Éxito Mañana



#schooleveryday

Attendance is vital to a successful, enriched learning experience. We are excited that we will be recognizing students with 100% attendance each month. One hundred percent attendance is defined as being present 100% of the time, no tardies, no dismissals, no absences. An excused absence, tardy or dismissal will not count towards 100% attendance. Families are encouraged to schedule appointments outside of school hours whenever possible. Parents are reminded to submit written documentation for each absence. Written notification is required even when a parent calls to notify the school of an absence. On the next page you will find a note you may use for your convenience.



Students with perfect attendance for each trimester will be entered into a drawing to win a Kindle through the kindness of Horace Mann.

September Perfect Attendance – 36%

October Perfect Attendance – 34%

November Perfect Attendance – 36%

December Perfect Attendance – 50%

January Perfect Attendance – 19%

February Perfect Attendance – 36%

March 8, 2020





Date: _____ Grade: _____

Child's Name _____

Teacher _____

Was absent on _____
because of _____

Was absent on _____
and a doctor's note is attached.

Was late today because of _____

*Parent Signature _____



Date: _____ Grade: _____

Child's Name _____

Teacher _____

Was absent on _____
because of _____

Was absent on _____
and a doctor's note is attached.

Was late today because of _____

*Parent Signature _____



Torrington Public Schools

SUSAN FERGUSSON
ASSISTANT SUPERINTENDENT

SUSAN M. LUBOMSKI
SUPERINTENDENT

November 2019

Dear Parent/Guardian:

Our goal this year is to ensure that every student attends school regularly.

Showing up for school has a huge impact on a student's academic success starting in kindergarten and continuing through high school. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and in life.

We realize some absences are unavoidable due to health problems or other circumstances. But, we also know that when students miss too much school— regardless of the reason – it can cause them to fall behind academically. A child is less likely to succeed if he or she is chronically absent—which means missing 18 or more days over the course of an entire school year. Research shows:

- Children chronically absent in kindergarten and 1st grade are much less likely to read at grade level by the end of 3rd grade.
- By 6th grade, chronic absence is a proven early warning sign for students at risk for dropping out of school.
- By 9th grade, good attendance can predict graduation rates even better than 8th grade test scores.
- Absences can add up quickly. A child is chronically absent if he or she misses just two days every month.

Going to school regularly matters:

We don't want students to fall behind in school and become discouraged. Please ensure that your student attends school every day and arrives on time. Here are a few practical tips to help support regular attendance:

- Make sure your student keeps a regular bedtime and establishes a morning routine.
- Lay out clothes and pack backpacks the night before.
- Ensure that your students go to school every day unless they are truly sick.
- Avoid scheduling vacations or doctor's appointments when school is in session.

355 MIGEON AVENUE
TORRINGTON, CONNECTICUT 06790
www.torrington.org • (860) 489-2327 • fax (860) 489-0726

The Torrington Board of Education does not discriminate in any of its programs, activities or employment practices on the basis of any protected class status.

- Talk to teachers and counselors for advice if your students feel anxious about going to school.
- Develop back up plans for getting to school if something comes up: Call on a family member, neighbor, or another parent.

Let us know how we can best support you and your family. If you have any questions or need more information, please contact your student's Principal.

Sincerely,



Susan Lubomski
Superintendent

ATTEND TODAY, ACHIEVE TOMORROW

GOOD SCHOOL ATTENDANCE MEANS...



PRESCHOOLERS

Build skills and develop good habits for showing up on time



ELEMENTARY STUDENTS

Read well by the end of third grade



MIDDLE AND HIGH SCHOOLERS

Stay on track for graduation



COLLEGE STUDENTS

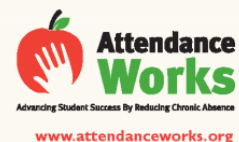
Earn their degrees



WORKERS

Succeed in their jobs

Too many absences—excused or unexcused—can keep students from succeeding in school and in life. How many are too many? 10% of the school year—that's 18 missed days or 2 days a month—can knock students off track.



Torrington Public Schools Attendance Policy (Board Policy #6006)

Regular and punctual attendance is required by state law, is an integral component of student success, and is a matter of self-discipline, which will prove important later in life. As such, students are expected to be in school, on time, every day.

A student's absence from school shall be considered "excused" when he/she meets one of the following criteria:

- Student illness (a medical note is required after 5 consecutive days of absences);
- Student observance of a religious holiday;
- Death in student's family or other emergency beyond the control of the student's family;
- Mandated court appearances;
- Lack of transportation that is normally provided by a district other than the one the student attends.

A student's absence will be considered "unexcused" until documentation is received.

- Documentation should include a signed note from the student's parent/guardian or a note confirming the absence by the school nurse or by a licensed medical professional as appropriate.

Absences 1-9 can be for any reason. Parent/guardian must submit handwritten, signed note within 10 days of the student's return to school.

Absences 10+ must be for a reason stated above under "excused" and appropriate documentation must be submitted. A doctor's note must be submitted for an illness.

Please refer to www.torrington.org for our Board of Education's complete attendance policy.

355 MIGEON AVENUE
TORRINGTON, CONNECTICUT 06790
www.torrington.org • (860) 489-2327 • fax (860) 489-0726

The Torrington Board of Education does not discriminate in any of its programs, activities or employment practices on the basis of any protected class status.



Superhero School Dance and Raffle

Friday, March 13, 2020

5:30-7:30

Southwest School

Dress as your favorite superhero or wear school colors!

*Please no masks/weapons for safety reasons *

We will have pizza, snacks, drinks, and baked goods for sale!!

Tickets will also be for sale the night of the event for the teacher sponsored raffle where you could win such amazing prizes such as art kits or gift cards!! It's going to be so much fun!

RETURN THIS PORTION IF YOU ARE ABLE TO VOLUNTEER/DONATE

We need volunteers to make treats for our bake sale and volunteers to help the night of the dance. The baked goods need to be individually wrapped, ready to be sold dropped off the day before/morning of the dance. Also, we could always use an extra set of hands. If you can volunteer that night at the bake sale or by selling pizza, please indicate a time that you are available by circling below.

I would like to volunteer: 5:30-6:30 6:30-7:30

I will bring in a baked good/water:
_____ (item)

Please print your name, your child's name and their classroom teacher:
_____ (Parent/Guardian Printed Name)

_____ (Child's Name)



_____ (Teacher/Grade)

IMPORTANT:

An adult will need to stay and supervise their child the entire night.

Rifa Y Baile de la Escuela de Superhéroe

Viernes, 13 Marzo de 2020

5:30-7:30

Escuela Southwest

i Viste como tu superhéroe favorito o usa los colores de la escuela!

*Por favor no usen mascararas/armas por razones de seguridad.

ii Tendremos pizza, meriendas, bebidas, y productos horneados a la venta!! Las taquillas para la rifa patrocinada por los(las) maestros(as) también estarán a la venta la noche del evento.

iii Grandes premios se rifarán, tales cómo almuerzo con el principal, el maestro(a) del día y hasta certificados de regalo a lugares cómo Spare Time y McDonalds!! ¡Será muy divertido!

DEVUELVA ESTA PORCIÓN SI PUEDE SER VOLUNTARIO O DONAR

Necesitamos voluntarios que hagan productos horneados para nuestra venta y voluntarios para la noche del baile. Los productos horneados necesitan estar envueltos individualmente, y listos para ser vendidos el día antes o la mañana del baile. También, siempre necesitamos un par de manos extra. Si puede ayudar la noche de la venta de productos horneados o vendiendo pizza, por favor indique un tiempo en el que estará disponible circulando y escogiendo uno a continuación.

Me gustaría ser voluntario:

5:30-6:30

6:30-7:30

Traeré un producto horneado/agua: _____(artículo)

Escriba en letra de molde su nombre, el de su niño(a) y el de el/la maestro(a) de salón hogar:
_____ (Nombre en letra de molde del

Padre/Guardián)

_____ (Nombre del/a niño(a))

_____ (Maestro/Grado)

IMPORTANTE:

Un adulto deberá quedarse y supervisar a su niño(a) la noche entera.



Please contact the PTO to get involved and support events!

ptosouthwest@gmail.com

Looking for ways to volunteer with our PTO? Please log onto to

www.tinyurl.com/toringtonpto

A list of events for the school year are posted along with the times and areas
in need of volunteers.



YEARBOOKS FOR SALE!

Order Your Yearbook NOW,



They Are Selling Out Fast!

Yearbooks are \$20.00

Don't forget to fill out a happy ad for \$3.00 on line

To order your yearbook follow the link below

[https://ybpay.lifetouch.com/Order/LookupJob?
jobnumber=11809920](https://ybpay.lifetouch.com/Order/LookupJob?jobnumber=11809920)

*or send an envelope into school with your
child's name, teacher and the \$20.00*

The Yearbook committee has captured the Southwest Dragons throughout the school year! They have created a beautiful yearbook, do not miss out!

Contact Info:

Southwestyearbook2020@gmail.com

FIVE GUYS®

BURGERS and FRIES

*SUPPORT 5TH GRADE
FIELD DAY*

DINE FOR A CAUSE

Grab a bite to eat with us on Wednesday, March 25th from 5:00-
7:00 @ Five Guys

20 % of your bill will be donated to the Torrington 5th graders in
support of their end of the year Field Day

FIVE GUYS®

BURGERS and FRIES

*APOYA EL FIELD DAY
DEL 5TO GRADO*

CENA POR UNA CAUSA

Come algo con nosotros el miércoles, 25 de marzo de 5:00-7:00 en
Five Guys

El 20 % de su cuenta será donada a los estudiantes del 5to grado
de Torrington para apoyar su Field Day del fin de año



To Benefit:

Southwest & Forbes
Schools

5th Grade



KENTUCKY
DERBY
PARTY

Date: **Friday – May 8, 2020**

Location: **St Paul's Lutheran Church**
837 Charles St., Torrington

Cost: **\$35 Per Person**

Purse Preview @ 6:00pm

~Bring snacks to share with your table~

ALCOHOL-FREE Event

BINGO @ 7:00pm

- 10 games of Bingo and a dauber ..

Each game has a corresponding designer purse prize
(Michael Kors™, Coach™, Kate Spade™ or Dooney & Bourke™)

- ADDITIONAL Bingo cards available for \$2.00 per game

For tickets Call or Text
Kim Petzel-> 860.201.3933
kpetzel17@gmail.com

Tickets are limited - Pre-sale tickets only!



A Beneficio De:

Escuelas Southwest Y Forbes

5th Grade



Fecha: viernes – 8 de mayo, 2020

Lugar: **St Paul's Lutheran Church**
837 Charles St., Torrington

Costo: **\$35 Por Persona**

Pre Vista de los Bolsos a las 6:00pm

~Lleve bocadillos para compartir con su mesa~

Evento LIBRE DE ALCOHOL

BINGO a las 7:00pm

- 10 juegos de Bingo y un pintamonas ..
Cada juego tiene como premio un bolso de diseñador correspondiente
(Michael Kors™, Coach™, Kate Spade™ o Dooney & Bourke™)
- Tarjetas de Bingo ADICIONALES estarán disponibles por \$2.00 por juego

Para taquillas Llame o envíe un Texto
Kim Petzel-> 860.201.3933
kpetzel17@gmail.com

Las taquillas son limitadas -¡Solo taquillas de pre venta!

Ideas for

NON-FOOD CELEBRATIONS

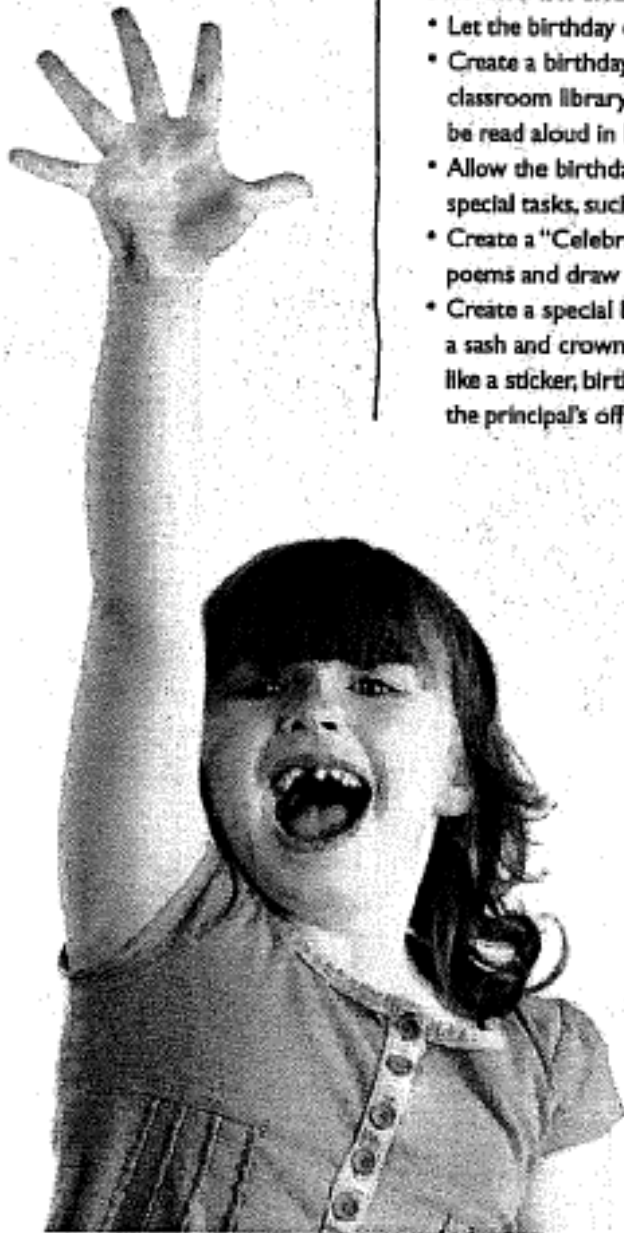
We know that celebrations are often associated with cupcakes and cakes, but it's important to show children that they can have fun, feel special, and celebrate without all the sugar. Non-food celebrations can be some of the most fun and popular ways to honor a special event. Try some of these fun-filled ideas the next time you want to celebrate!

For the birthday child:

- Let the birthday child be the first to do each classroom activity for the day.
- Create a birthday library where each child's parent donates a book to the classroom library on their child's birthday. Make it the book of the week to be read aloud in honor of the child's birthday.
- Allow the birthday child to be the class assistant for the day to help with special tasks, such as making deliveries around the school or leading the line.
- Create a "Celebrate Me" book. Have teachers or peers write stories or poems and draw pictures to describe what is special about the birthday child.
- Create a special birthday package. For example, the birthday child could wear a sash and crown, sit in a special chair, and receive a special birthday surprise like a sticker, birthday card, coloring book, etc. Consider having the child visit the principal's office to receive their gift.

For other celebrations:

- Use games or crafts, asking parents to bring in supplies for the game or project. If possible, it's extra special to invite parents to the class to lead the activity.
- Donate a plant or packet of seeds that the class could plant and grow together.
- Ask parents to send in small items for a class trading event, such as pencils, stickers, or erasers.
- Have a dance party.
- Provide extra recess or activity time.
- Bring in guest story readers.
- Have a special show and tell.
- Have a themed scavenger hunt around the school.
- Stock a treasure chest for each child to choose something from. Ask parents to send in items or small trinkets to fill the chest.
- Eat lunch outside.
- Set up an obstacle course.



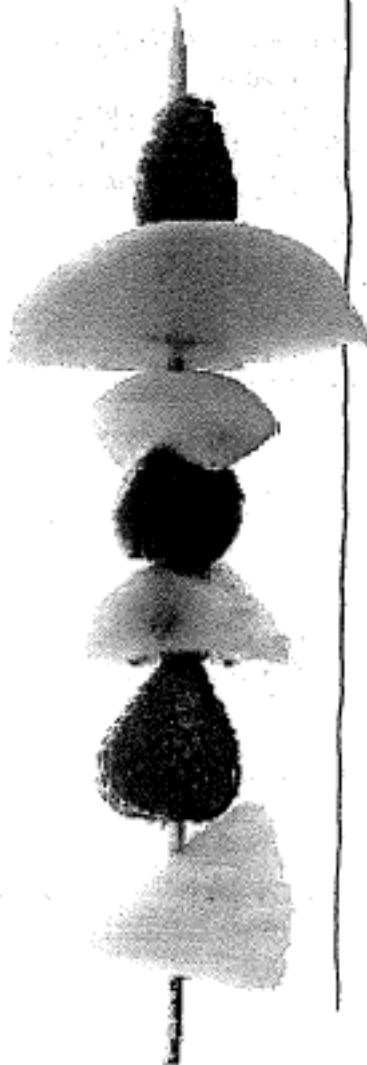
LET'S GO!
E-E-I-O

Ideas for HEALTHY FOOD FOR CELEBRATIONS

LET'S GO!
■ ■ ■ ■

If you are going to have food at your celebrations, make it count with a healthy choice!

Try some of these foods at the next celebration.



- **Fruit and Cheese Kabobs:** Put grapes, melons, cheese cubes, and berries onto a wooden kabob stick.
- **Make Your Own Trail Mix:** Provide bags of granola or whole grain dry cereal, dried fruit, and nuts for students to make their own trail mix.
- **Fruit Smoothies:** Bring a blender, frozen fruit, and yogurt to your next celebration.
- **Yogurt Parfaits:** Layer granola, fruit, and yogurt in plastic cups. Provide on a tray covered with plastic wrap or let the kids make their own.
- **Assorted Fruit Platter:** Arrange chunks and slices of fruit on a tray; to make it even more fun, use a hollowed out watermelon half.
- **Veggie and Dip Platter:** Baby carrots, cucumber slices, red pepper slices, broccoli, cherry tomatoes, snap peas, or celery sticks served with hummus, salad dressing, or other dip.
- **Vegetable Sticks with Spread:** Celery or carrot sticks with nut butter or cream cheese. Top with raisins for an old favorite – ants on a log!
- **Snack Kabobs:** Veggie or fruit chunks skewered onto thin pretzel sticks.
- **Sweet Potato Fries:** Baked sweet potato wedges, tossed lightly with olive oil and salt.
- **Cottage Cheese or Yogurt with Fruit and/or Granola:** Try using fresh grapes, frozen berries, or canned peaches or pineapple.
- **Apple Treats:** Sprinkle apple chunks with cinnamon and/or raisins or granola, then mix in some nut butter.
- **Chips and Salsa:** Use whole grain baked pita chips or baked tortilla chips. For something new, try bean dip instead of salsa.
- **Taco Roll-up:** Small whole wheat tortilla rolled with cheese, beans, and salsa.
- **Turkey Roll-up:** Turkey slice rolled up with cheese.
- **Mini Pizzas:** Top pita bread or half of a whole wheat English muffin with tomato sauce, cheese, and chopped vegetables and toast until cheese is melted.
- **Mini Bagel with Spread:** Try cream cheese, nut butter, or hummus.



ATTENTION FANS!

WANT TO HELP OUR SCHOOL EARN CASH? YOU CAN EACH TIME YOU SHOP AT OUR LOCAL



**REGISTER YOUR
STOP & SHOP
CARD**

\$\$ FOR OUR KIDS!

Designate our school today using ID Code **06562** and each time you shop at STOP & SHOP using your STOP & SHOP CARD, you will earn points for our school! Those points become CASH for our school to use for any of our educational needs.






Visit www.StopandShop.com/aplus or call 1-877-ASK-APLUS (1-877-275-2758)

This simple effort will make a huge difference for our school!

Breakfast Menu

Monthly ▾

« March »

02 Mon	03 Tue	04 Wed	05 Thu	06 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
Choc Chip Muffin	Apple Frudel or Cherry Frudel	Cinnamon Roll	Banana Muffin	Mini Maple Waffles or Mini Maple Pancakes
				
100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +
Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +
Condiments +	Condiments +	Condiments +	Condiments +	Condiments +
Milk Options +	Milk Options +	Milk Options +	Milk Options +	Milk Options +


09 Mon	10 Tue	11 Wed	12 Thu	13 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
Blueberry Muffin	Apple Frudel or Cherry Frudel	Cinnamon Roll	Apple Muffin	Breakfast Bar
100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +
Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +
Condiments +	Condiments +	Condiments +	Condiments +	Condiments +
Milk Options +	Milk Options +	Milk Options +	Milk Options +	Milk Options +

16 Mon	17 Tue	18 Wed	19 Thu	20 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
Choc Chip Muffin	Apple Frudel or Cherry Frudel	Cinnamon Roll	Banana Muffin	Mini Maple Waffles or Mini Maple Pancakes
100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +
Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +
Condiments +	Condiments +	Condiments +	Condiments +	Condiments +
Milk Options +	Milk Options +	Milk Options +	Milk Options +	Milk Options +


23 Mon	24 Tue	25 Wed	26 Thu	27 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
Blueberry Muffin	Apple Frudel or Cherry Frudel	Cinnamon Roll	Apple Muffin	Breakfast Bar
100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +
Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +
Condiments +	Condiments +	Condiments +	Condiments +	Condiments +
Milk Options +	Milk Options +	Milk Options +	Milk Options +	Milk Options +
30 Mon	31 Tue	01 Wed	02 Thu	03 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
Choc Chip Muffin	Apple Frudel or Cherry Frudel	Cinnamon Roll	Banana Muffin	Mini Maple Waffles or Mini Maple Pancakes
100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +	100% Fruit Juice Options +
Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +
Condiments +	Condiments +	Condiments +	Condiments +	Condiments +
Milk Options +	Milk Options +	Milk Options +	Milk Options +	Milk Options +


Lunch Menu


Monthly ▾
« March »

02 Mon	03 Tue	04 Wed	05 Thu	06 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
French Toast Sticks	Chicken Tenders	Mozzarella Sticks	Egg Patty & American Cheese on a Whole Grain Croissant	Cheese Calzone
Syrup	Crinkle Cut Fries or Spiral Spicy Fries	Marinara	Turkey Sausage Patty	Garden Salad
Turkey Sausage Patties	Corn	Tater Tots	Hash Brown Patty	Always Available Meals
Sweet Potato Fries	Always Available Meals	Green Beans	Always Available Meals	Bagel & Yogurt Plate
Always Available Meals	Bagel & Yogurt Plate	Always Available Meals	Bagel & Yogurt Plate	Chef Salad
Bagel & Yogurt Plate	Chef Salad	Bagel & Yogurt Plate	Chef Salad	Sunbutter & Jelly Sandwich
Chef Salad	Sunbutter & Jelly Sandwich	Chef Salad	Sunbutter & Jelly Sandwich	
Sunbutter & Jelly Sandwich		Sunbutter & Jelly Sandwich		

09 Mon	10 Tue	11 Wed	12 Thu	13 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
French Bread Pizza	Popcorn Chicken	Pasta with Meat Sauce	Beef Nachos or Chicken Nachos	Fried Dough
Green Beans	Mashed Potato	Broccoli	Cheese Sauce	Marinara
Always Available Meals	Gravy	Always Available Meals	Sour Cream	Shredded Mozzarella Cheese
Bagel & Yogurt Plate	Corn	Bagel & Yogurt Plate	Salsa	Spinach Salad
Chef Salad	Blueberry Muffin	Chef Salad	Corn	Always Available Meals
Sunbutter & Jelly Sandwich	Always Available Meals	Sunbutter & Jelly Sandwich	Rice with Red Beans	Bagel & Yogurt Plate
Fruit Options +	Bagel & Yogurt Plate	Fruit Options +	Always Available Meals	Chef Salad
Condiments +	Chef Salad	Condiments +	Bagel & Yogurt Plate	Sunbutter & Jelly Sandwich
Milk Options +	Sunbutter & Jelly Sandwich	Milk Options +	Chef Salad	Fruit Options +
Vegetable Options +	Fruit Options +	Vegetable Options +	Sunbutter & Jelly Sandwich	Condiments +
	Condiments +		Fruit Options +	Milk Options +
	Milk Options +		Condiments +	Vegetable Options +
	Vegetable Options +		Milk Options +	
			Vegetable Options +	

16 Mon	17 Tue	18 Wed	19 Thu	20 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
Pizza Crunchers		Macaroni and Cheese	Hot Dog on a Roll	Stuffed Crust Pizza
Marinara		Pulled Pork	Crinkle Cut Fries	Garden Salad
Peas		Green Beans	Baked Beans	Always Available Meals
Always Available Meals		Dinner Roll	Fresh Baked Cookie	Bagel & Yogurt Plate
Bagel & Yogurt Plate	Chicken Nuggets	Always Available Meals	Always Available Meals	Chef Salad
Chef Salad	Shamrock Pretzel	Bagel & Yogurt Plate	Bagel & Yogurt Plate	Sunbutter & Jelly Sandwich
Sunbutter & Jelly Sandwich	Crinkle Cut Fries	Chef Salad	Chef Salad	Fruit Options +
Fruit Options +	Sliced Carrots	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Condiments +
Condiments +	Always Available Meals	Fruit Options +	Fruit Options +	Milk Options +
Milk Options +	Bagel & Yogurt Plate	Condiments +	Condiments +	Vegetable Options +
Vegetable Options +	Chef Salad	Milk Options +	Milk Options +	
	Sunbutter & Jelly Sandwich	Vegetable Options +	Vegetable Options +	

23 Mon	24 Tue	25 Wed	26 Thu	27 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
Asian Chicken Steamed Brown Rice Stir Fry Vegetables	Chicken Patty on a Roll Crinkle Cut Fries or Spiral Spicy Fries Broccoli	Pasta with Marinara Meatballs Garden Salad	 Corn Dog Tater Tots Baked Beans Apple Delight	Stuffed Crust Pizza Garden Salad
Always Available Meals	Always Available Meals	Always Available Meals	Always Available Meals	Always Available Meals
Bagel & Yogurt Plate Chef Salad Sunbutter & Jelly Sandwich	Bagel & Yogurt Plate Chef Salad Sunbutter & Jelly Sandwich	Bagel & Yogurt Plate Chef Salad Sunbutter & Jelly Sandwich		Bagel & Yogurt Plate Chef Salad Sunbutter & Jelly Sandwich
				Fruit Options +

30 Mon	31 Tue	01 Wed	02 Thu	03 Fri
Main Fare	Main Fare	Main Fare	Main Fare	Main Fare
 Bosco Sticks Marinara Broccoli	Teriyaki Chicken Dippers Steamed Brown Rice Mixed Vegetables Dinner Roll	Macaroni and Cheese Popcorn Chicken Peas	Cheeseburger on a Roll Potato Wedges Black Bean & Corn Fiesta Salad	Fried Dough Marinara Shredded Mozzarella Cheese Spinach Salad
	Always Available Meals	Always Available Meals	Always Available Meals	Always Available Meals
	Bagel & Yogurt Plate Chef Salad Sunbutter & Jelly Sandwich	Bagel & Yogurt Plate Chef Salad Sunbutter & Jelly Sandwich	Bagel & Yogurt Plate Chef Salad Sunbutter & Jelly Sandwich	Bagel & Yogurt Plate Chef Salad Sunbutter & Jelly Sandwich
	Fruit Options +	Fruit Options +	Fruit Options +	Fruit Options +
	Condiments +	Condiments +	Condiments +	Condiments +
		Milk Options +	Milk Options +	

